



The Baptist Bridge

By the grace of God, the Philippi Baptist Church shall **Embrace, Model, and Share** the love of God through Jesus Christ by the power of the Holy Spirit.

January 2016

Philippi Baptist Church ♦ 69 Church St. ♦ Philippi, WV 26416 ♦ (304) 457-3206

Happy New Year!



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You can give online at pbcwv.net

E-mail: office@pbcwv.net

Website: www.pbcwv.net

69 Church Street ♦ Philippi, WV 26416 ♦ (304) 457-3206

Jon Villers, Pastor Jud Bracey, Choir Director Madison Riffle, Interim Youth Director

Alicia Noble— Praise Team Leader
Michele Moore, Church Pianist

Lucretia Moyer, Secretary
Emily Casto— Celebrate Recovery Ministry Leader

Marj Campbell, Organist
Zvezdana Vlastic, Custodian



Happy New Year! We welcome our guest columnist, Michael Hyatt to usher in 2016 with us! He is the former CEO of Christian publishing house, Thomas Nelson Publishing and a faithful servant of Jesus Christ. Blessings to you all!

‘5 Major Goal-Setting Myths That Keep You Stuck

Steve Mura was a Triple-A baseball pitcher. He was starting one night in an away game, but he almost lost before leaving the dugout. Why?

“I can never win on this mound,” he told his pitching coach and shook his head. For Mura, the game was already over, and he hadn’t even thrown the first pitch!

When it comes to making progress towards what matters most in life, there are at least five major myths we need to avoid like quicksand.

Over the years, I’ve seen these rob countless people of happiness, success, and significance—me included. Have you fallen for any of these?

Myth No. 1: Your Past Determines Your Future

Almost 40 percent of people in their twenties achieve their New Year’s resolutions each year, but not even 15 percent of those over 50 do—even though they probably have far more resources to do so. Why is that?

My guess is that they’ve also got more failures under their belt and don’t believe they can win. You might be like that too.

Maybe it was a failure in business or marriage, and now you’re doubtful about succeeding again.

Mura’s coach knew better. He pushed him to explain why he thought he couldn’t win. Mura said he’d lost there before—the angle of the mound was bad. So the coach asked him about changing his approach.

“There is a difference between ‘I have not won’ and ‘I cannot win,’” said Mura’s coach.

If we’ve failed in the past, it does not mean success is out of reach. It just means we have to change our approach.

That starts by challenging the myth. By changing his belief, Mura was able to change the outcome. He went from a limiting belief based on previous bad experience (I can’t win on this mound) to an empowering truth (I can win if I change my strategy).

And he went on to pitch seven innings with only two hits and no runs.

Myth No. 2: Safe Goals Are The Best Goals

The trip from Tokyo to Osaka used to take more than six hours by train. It was a bottleneck on business, and executives wanted to reduce the time.

But they didn’t set a safe, easily attained goal. They decided to cut the trip in half.

The challenge required engineers to scrap conventional solutions and rethink the entire problem. As a result, they came up with the bullet train and revolutionized Japanese transportation.

But they could have played it safe. Nobody likes to lose, so it’s common to set goals well inside our comfort zone.

And let’s be honest. Cutting the trip by 50 percent seemed crazy at the time. But the truth is risky goals are the best goals.

Goal researchers have documented a powerful, direct connection between the difficulty of our goals and our performance, satisfaction, enthusiasm, and happiness.

Safe goals just aren’t compelling. If we want to win, we need to get beyond our natural urge to play it safe, step outside our comfort zones, and set big, difficult, challenging goals.

Myth No. 3: You Fail if You Fall Short

One of the reasons we set safe goals is because we’re fearful about failing. But that practically ensures we stay stuck.

What if the transport engineers fell short of their goal and only cut the Tokyo-Osaka trip by 40, 30, or 20 percent? They still would have gained time and created new efficiencies in the marketplace.

If we’re going to be brave enough to set big goals, we must also be brave enough to redefine failure.

Often we think that missing the benchmark means we’ve lost. But that’s only true if we’re measuring the gap. If we measure the gain, however, we can see how far we’ve come and what we’ve already won.

Think back to a big goal you've set and missed. Maybe it was finishing a book by a certain time or hitting a revenue goal.

Analyzing why you missed the goal is important. When we dig in, we often find ways of improving. But recognizing our progress is also important. And it can keep us motivated to stay on task.

As far as I'm concerned, the only true failure is not trying in the first place.

Myth No. 4: Writing Your Goals Is Unnecessary

A lot of people who have dreams never bother to write them down. They'd never build a house or take a serious vacation without blueprints or an itinerary of some sort, but they'll trust their most significant hopes for the future to memory alone!

If you're fine with stalling out and never making progress, then that's a good way to do it. But if you want to make progress this year on your most important goals, you've got to write them down.

A study by Dr. Gail Matthews of Dominican University found you're 42 percent more likely to achieve your goals just by writing them down. Other studies back her up.

Part of the benefit comes from engaging our intellect. When we go to the trouble of formulating something we're engaging more than our desire. We're also processing, self-checking, and analyzing.

That helps us build resolve around our goals. The longer we intentionally live with our goals the more we can internalize them and make them part of what motivates us.

Myth No. 5: Specificity Doesn't Really Matter

What if our goals are challenging but vague? I hear people all the time who want big things but are uneasy about dialing it in and getting specific.

Setting narrow, well-defined goals can feel like boxing ourselves in. We like open horizons and lots of options. The narrower the goal, the more restricted we can feel.

But this is counterproductive. If we make our goals narrow enough, we can actually trigger the action we want to accomplish. This is especially helpful with daily habits we want to form—the typical things we set as New Year's resolutions.

Saying "I'm going to exercise more this year" is a recipe for inaction. But saying "I'm going to run for 30 minutes at the park every weekday morning at 7 a.m." sets us up to win.

Not only does it remove the guesswork about what kind of exercise, it also tells us exactly where and when we're going to do it.

The when is important. By narrowing down our goal, we create an external cue that triggers action. When the clock strikes seven, we know exactly what we're supposed to be doing.

Participants in one UK study were told about the dangers of heart disease and that exercise could prevent it. Some worked out, some didn't. But the statistics are amazing.

Without specific goals, participants had less than 40 percent success rate. But participants who narrowly defined their goals by adding where and when never forgot to exercise and almost always did. Their success rate was better than 90 percent.

"Failure doesn't mean success is out of reach. It just means we need to change our approach.—Michael Hyatt
Tweet Quote

This is the season to get clear about what we want to accomplish in the new year: peak fitness, deeper relationships, better income, more margin, whatever matters most to us.

If so far you've not made the kind of progress you'd like to see, it might have something to do with one of these five goal-setting myths.

Now that you know what doesn't work, find out what does. I have a free video series that can help you accomplish more of what matters in 2016. The first video is at <http://bestyearever.me/powerful/> It's only available for a few more days.'



AB University, Faculty, staff, and students
 AB Music Department
 Philip Atkins
 Barbour County Homeless
 Celebrate Recovery
 Code Blue
 Ruby Cozad
 Hinkle Family
 Cindy Hunt
 Dolly Isner
 Job situations
 Sherry Jones
 Jean Kines
 Mary Lantz
 Local ministries
 Todd Lynn Family– Pray Across America
 Professor Jom Owston’s mother
 Philip Barbour High School
 JoHanna Rostoni
 Margaret Salimi
 Elody Shrader
 Smiley Family
 Ronny Stewart
 Phyllis Strachman
 Liam Varghese
 Burt Wilfong
 PBC Youth

Unspoken requests for family members, unsaved people, community concerns, job and home loss, financial difficulties.

Also, in need of prayer: Our nation, state, and country leaders and officials. Please pray for victims of crime, war and violence throughout our country.



Blair & Pearl Marks, Vangie Shaffer (Mansfield Place), Germaine & Austin Whitman



Pray for protection for military personnel and their families throughout the world and those serving our country:

Captain Aaron Cross
 Tim Jenkins,
 Brian Lundell
 Corporal Anthony Perry, Sr.
 Major Kris Wood



Olin Campbell
 David Mellquist



- 3- Elizabeth Sweet
- 4- Elizabeth Withers
- 7- Gage Poling
- 9- Robert Digman
- 9-Sue LoBello
- 10- Petar Vlasic
- 10- Jeff Allen
- 11- Jaclyn Smith
- 17- Marija Sommer
- 19- Saige Cline
- 20- Linda Long
- 23- Dennis Stull
- 25- Sara Poling



Twelfth Night = Epiphany = January 6

One dictionary definition of the word “epiphany” is “a sudden, intuitive perception of or insight into the reality or essential meaning of something, usually initiated by some simple, homely, or commonplace occurrence or experience.” However, in Christian tradition, the word refers to the visit of the three wise men, the Magi, to the birthplace of Jesus, which, according to the legend, took place twelve days after his nativity. Thus, the twelve days after Christmas (December 25 according to more tradition) culminate on January 6, with January 5 designated as Twelfth Night.

Twelfth Night celebrations or observances vary throughout the world. In Austria, for instance, the twelve days are called “Smoke Nights” because incense is burned to chase out evil spirits. Catholics sprinkle holy water over their homes and outbuildings and mark their doors with the initials of the three kings—again to exorcise evil spirits.

Other countries use bonfires, horn-blowing, and bell-ringing to accomplish the same goal. In England Twelfth Night is an occasion for tricks and jokes to be played on family members and friends, and many parties are held. In the Netherlands Twelfth Night is called “King’s Day,” and the person retrieving a coin from the Yule Cake is designated king for that one day. Yule cakes were also made in colonial America, with Martha Rose recording in her diary a recipe which included forty eggs, four pounds of sugar, and five pounds of dried fruit.

But back to the religious side of Epiphany, who were the Magi? According to legend, Caspar has been identified as King of Tarsus, the “Land of Myrrh.” Melchoir was King of Arabia, “Land of Gold.” Bathasar, King of Saba, brought Jesus a gift of frankincense, which was said to flow from trees in his country. Gold has symbolized kingship or spiritual richness frankincense godliness or faith, and myrrh painful death or truth and humility.

Unfortunately, the rich religious significance of the Epiphany, the story of the visitation of the Magi, has faded with time. Twelfth Night is still observed in many locations, but mostly to celebrate of the waning of winter. The Christmas season is expected to end on January 2, when New Year’s Day football games are history and decorations are stored for another year and life goes “back to normal.” Perhaps we ought all to pray for another Epiphany!

Weekly Events

Sundays	Sunday School AM Worship Youth	9:15am 10:30am 6:00pm
Mondays	Celebrate Recovery Praise Team Practice Celebrate Recovery	4:45pm 6:30pm
Tuesdays	Women's Bible Study (@ Sarah Cobb's house)	12:45pm
Wednesdays	Midweek Service Chancel Choir Rehearsal	6pm 7:15pm
Fridays	Code Blue (ages 13-17)	6pm-9pm
Saturdays	Youth	6pm

Children's Volunteer Watch and Teach Calendar for January

	January 3rd	January 10th	January 17th	January 24th	January 31st
Nursery	Wanda & Jim Steele	Rebekah Hicks	Zvezdana Vlasic	Cheryl Wolfe	
Children's Church	Kelly Bracey	Koreen & Thomas Villers	Sarah, Pete & Sam Ferguson	Crystal & Wes Gray	

American Baptist Women's MINISTRIES

American Baptist Women's Ministries will meet at 7:00PM on Tuesday, January 5th

"Helping Others" ~Cheryl Wolfe
Hostess- Barbara Springer

Bible Book of the Month - Mark

We will be collecting Campbell's Soup labels and Box Tops for Education throughout the year.

We have raised \$10,900 of our \$26,000 goal for the new church van.



Men's Prayer Breakfast

Sat., January 2nd
@ 7:30am
At the Medallion



Anyone wishing to volunteer for the nursery, children/wee church please let Rebekah Hicks know. We are in need of volunteers to keep the program/services available.

PHILIPPI BAPTIST CHURCH

OFFICERS, BOARDS AND COMMITTEES – 2016

MODERATOR	Dianna Wright (2016)
VICE MODERATOR	Cheryl Wolfe (2017)
FINANCIAL SECRETARY	Olin Campbell (2016)
ASSISTANT FINANCIAL SECRETARY	Clarence Wright (2017)
TREASURER	Jeff Allen (2017)
ASSISTANT TREASURER	Craig Cobb (2016)
CLERK	Hayley Dadisman (2017)

TERM EXPIRING 2016	TERM EXPIRING 2017	TERM EXPIRING 2018
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**DIACONATE
(NINE TOTAL MEMBERS)**

Bill Klaus (unexpired term) John Hicks Barbara Smith	Gerald Fogg- Co- treasurer Jovan Vlastic Christie Allen	Mary Boyer Carolyn Davis Sarah Cobb
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**BOARD OF TRUSTEES
(SIX TOTAL MEMBERS)**

Scott Springer- Chair Bob Boyer	Wes Gray Pete Ferguson	Jimmy Runion Jud Bracey
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**BOARD OF CHRISTIAN EDUCATION
(SIX TOTAL MEMBERS)**

Sunday School Superintendent-

Kelly Bracey Chuck Scheick Wanda Steele- Ex- Officio	Hayley Dadisman Zvezdana Vlastic	Crystal Gray Jennifer Weyandt
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**BOARD OF OUTREACH & MISSIONS
(SIX TOTAL MEMBERS)**

Sarah Ferguson Michael Perry (unexpired term)	Emily Casto Koreen Villers	Madison Riffle Marj Campbell
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**BOARD OF WORSHIP
(SIX TOTAL MEMBERS)**

Glenn Sweet Margaret Salimi	Sue Lobello Brenda Price (unexpired term)	Dawn Scheick Hannah Dixon
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**PASTORAL RELATIONS COMMITTEE
(FIVE TOTAL: THREE ELECTED AND TWO APPOINTED BY THE PASTOR)**

Rebekah Hicks Pastoral Appointments (2):	Jan Sweet 1. Mary Boyer	Judi Funk 2. Tom Dadisman
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FINANCE COMMITTEE

(Three members plus the Financial Secretary and Treasurer and Assistant Financial Secretary and Treasurer)

Gary Price Ex-officio –	Rebekah Hicks (unexpired term) Olin Campbell (Financial Secretary) Clarence Wright (Assistant Financial Secretary)	Scott Spring(unexpired term) Jeff Allen (Treasurer) Craig Cobb (Assistant Treasurer)
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**NOMINATING COMMITTEE
(FIVE MEMBERS)**

1. Zvezdana Vlastic 2. Madison Riffle 3. Margaret Salimi 4. Carolyn Davis 5. Gary Price



Philippi Baptist Church
69 Church Street
Philippi, WV 26416



Suggested Heart & Hand donation for January:
Soup, peanut butter

Upcoming Events

Saturday, January 2nd– 7:30am– Men’s Prayer Breakfast
6:00pm– Youth Kickoff

Sunday, January 3rd– 10:30am– Communion & Deacon Relief Offering

Tuesday, January 5th– 7:00pm– American Baptist Women’s meeting

Sunday, January 10th– * All annual reports must be in to Lucretia*

11:45am– Luncheon celebrating 1 year of CRBC

3:00pm– Celebrate Recovery Leadership meeting

5:30pm– All Boards and Committees meetings

7:00pm– Church Council meeting

Saturday, January 23rd– Church reserved

Sunday, January 24th– 5:30pm Days of Nehemiah Ministries presentation

7:00pm- Annual Church meeting



Heart and Hand is in immediate need of diapers (sizes 3-6). Baby wipes, varieties of formula, canned milk, canned meat and packages of side dishes. These items can be placed in the playpen in the library.